



Rock The Sport is a day of cross curricular PE, music and literacy workshops, delivered by two experienced primary teachers who also run 'Rocktopus' a successful professional rock band for children.

A Rock The Sport day...

- Starts with an engaging whole-school assembly where children write your school's unique 'Sports Day Anthem'
- Engages up to 8 classes in dynamic songwriting workshops which cover the entire PE curriculum and encourage reluctant learners to enjoy PE as never before
- Leaves your school with recordings of your children's songs to share at home and use in PE lessons for warm ups, cool downs, cardio training, balancing, dance lessons and more
- Ends with an assembly where each class performs their song, teaching the actions to the rest of the school

Rock The Sport - Links to the Primary Curriculum

PE

Children will:

- Engage in activity to extend their agility, balance and co-ordination with others
- Work as a team to explore increasingly challenging physical activities
- Combine skills learned perviously in PE lessons, making sequences of movements
- Discuss PE, collaborating and communicate with each other on the subject
- Gain a better understanding of how to be a 'good sport', and what it means to win or lose

Music

Children will:

- Use their voices expressively to sing songs which they have helped to create
- Listen with concentration to quality live music and have a say in it's creative direction
- Help to compose music for a specific puropse
- Gain an insight into the use of chord structures, melody and harmony in music composition
- Learn about different musical genres and the role differing rhythms have in those styles of music

Literacy

Children will:

- Assist in the creative process by offering their ideas, then refining and revising them to fit with the song
- Assist in the ongoing evaluation of the song lyrics, helping to make changes to improve it

- Practice many of their KS1 and KS2 grammatical skills to improve the consistency of the lines in the songs
- Help to choose words and phrases for the song which will best capture the listener and achieve the specific aim of their song
- Help to shape the tone, intonation and emphasis of words in the song to best deliver its message to the listener

Other benefits:

- The live music show inspires children's musicality.
- The songwriting engages their creativity.
- The practice, demonstration and discussion of their physical skills deepens their understanding of PE and the PE curriculum.
- The end of day performance builds confidence and giving a sense of achievement.
- The opportunity to play recordings of their songs to friends and family at home, makes the important home/school links and gives them further validation from loved ones.

If you'd like your children to have the 'Rock The Sport' experience, please don't hesitate to get in touch and we will reserve you a date in our rapidly filling calendar.

We look forward to hearing from you soon!

Tom and Andy

rocktopuskids@gmail.com

www.rocktopusmusic.com

07927 278697